Abstract
What is considered of serious concerns in contemporary urbanization is the growing gap between human and natural systems. The high intensity of buildings, touching the technology instead of touching nature and apathy toward environmental concerns, has accompanied environmental concerns for urban dwellers who can cause severe crisis levels for a teenager to be in critical crisis. Many studies in the area of learning environments demonstrate the effectiveness of interacting with the natural processes on enhancing the social identity of adolescents. The present study, in order to explain the matching patterns. Data collection is based on the study of library resources and in the field stage through questionnaire and interview and data analysis is used by spss software. The results indicate that the design experiences in the learning bed based on biophilic approach can satisfy the spiritual and psychological needs of adolescence and there is a significant difference between the type of environmental experiences (direct nature of nature, indirect experience of nature, space experience and location.

Diagram 3: The conceptual model (the impact of biophilic design patterns through the enhancement of social competence on mental health) (reference: the authors)

Conclusions
According to the results of the present study, the relationship patterns of biophilic approach with mental health have been confirmed and from the three experiences (direct experience of nature, direct experience of nature, experience of space and space), direct relation of adolescent with nature has the greatest effect on enhancing juvenile mental health. In sum, it can be stated that providing strategies tailored to the patterns of this approach in nature-based learning environments can be the conditions of community competence. Because the architecture biophilic this exact to understand and has an innate need for human to depend on and bond with the natural world and its impact on the design and construction of environments suitable for stages, different life, especially during the sensitive teen.